

Countywide Services Agency

Health and Human Services

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HEALTH ADVISORY

June 13, 2013

Wildfire Smoke Health Advisory

SITUATION:

The Sacramento County Division of Public Health has issued a smoke advisory due to the release of a plume of white smoke visible due to a wildfire. The smoke is visible from the Placer County line to Highway 50, Watt Avenue up to the Folsom area. As a result fine particulate matter concentration levels are expected to be in the moderate to unhealthy range for sensitive groups. This advisory will remain in effect until further notice.

Public Health Recommendations for areas affected by smoke:

If visibility is less than 5 miles due to smoke than smoke has reached levels that are potentially unhealthy. As a result the following public health actions should be taken:

- 1. If the smoke becomes thick in your community you should remain indoors.**
- 2. At risk populations including residents with heart disease, respiratory illnesses (asthma, bronchitis, chronic obstructive pulmonary disease), residents with chest pain, the very young and the elderly should especially remain indoors.**
- 3. Limit outdoor activity when moderate to heavy smoke is present.**
- 4. Relocate temporarily if smoke is present indoors and is making you sick or causing symptoms including breathing difficulties, wheezing, shortness of breath or coughing. If symptoms persist please see your primary care provider.**

If you have additional questions or need to consult with the Division of Public Health please call 916-875-5881, Monday-Friday between 8:00 am – 5:00 pm.

Olivia Kasirye, MD, Health Officer