

Countywide Services Agency

Health and Human Services

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MEDIA ADVISORY

“Mental Illness: It’s not always what you think” Second Saturday Art Show

The Effort & Sacramento County highlight local artwork to dispel mental illness myths

SACRAMENTO, Calif. – On May 12, The Effort is hosting a Second Saturday art display in conjunction with the Sacramento County Department of Health and Human Services/ Division of Behavioral Health Services (DHHS/DBHS) featuring pieces from local Sacramento County residents. The art displayed will help to dispel myths and stereotypes about mental illness and promote messages of wellness, hope and recovery.

WHO: Sacramento County Department of Health and Human Services/Division of Behavioral Health Services
The Effort

WHAT: **FREE Art Show open to the public**

SPEAKERS:

- **Ann Edwards, Director, Department of Health and Human Services**
- **Artists**

The *Mental Illness: It’s not always what you think* Second Saturday art show will bring together artwork from local residents touched by mental illness in an effort to raise awareness of mental health issues and dispel myths and stereotypes.

The event will also recognize Mental Health Champions in Sacramento County. This recognition honors individuals and organizations who have made a significant contribution towards:

- Reducing stigma experienced by people with mental illness
- Providing support or treatment to people with mental illness
- Advocacy for issues related to mental health and/or advancing knowledge in the area of mental illness and mental health research

WHEN: May 12, 2012
5:30 p.m. – 8:30 p.m.

WHERE: The Effort
1820 J Street
Sacramento, CA 95811

VISUALS: Dozens of pieces of artwork by Sacramento County residents. Featured artists will also be in attendance.

RESOURCES: County representatives will be present. Names will be made available as attendance is confirmed.

For more information on Sacramento County's mental health efforts, please visit www.stopstigmasacramento.org.

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